

Massage ✨



DEEP TISSUE:

holistic massage aimed at improving the well-being of the muscles.

MYOFASCIAL

holistic massage that works in depth on the muscle fascia and on the connective tissue in order to bring back the correct sliding and state of the connective fascia that covers the muscles, increasing mobility.

DRAINING:

this treatment improves the oxygenation and nutrition of the tissues in order to purify the body of excess toxins.

SPORT:

getting this treatment before exercise improves toned responsiveness to the effort required. A post-work out treatment eliminates metabolite waste and lessens muscle fatigue.

RELAX:

holistic massage induces a profound state of psycho-physical well-being, restoring vitality.

FOOT REFLEXOLOGY:

holistic massage based on the stimulation of reflex points in the foot to restore complete balance in the body.



Massage



price

1 massagge 55 min €70,00

2 massagge 55 min €120,00

For reservation, please contact the reception some days before.

We inform you that the treatments must be paid in cash to the masseuse.

It possible to cancel the booked treatment up to 4 hours before the appointment in reception.

In case of cancellation after 4 hours before the appointment you will be charged the full amount.